



Playing Smart: The Amazing Benefits of Chess

Academic Benefits: Chess teaches several skills, including focusing, visualizing a sequence of actions, weighing options, analyzing concretely and thinking abstractly. **Children become more critical thinkers, better problem solvers, and more independent decision makers.**

Health Benefits: Chess stimulates the growth of dendrites, which in turn increases the speed and quality of neural communication throughout the brain. **It improves memory and concentration.**

Educational Research: Studies show that chess results in **increased scores on standardized tests for both reading and math**, and it boosts creativity more than other activities – because it trains the mind to play with all possibilities, which is a cornerstone of **original thinking**.

Social Benefits: Chess leads to **increased motivation** and **improved self-confidence**. It brings children together, from different backgrounds, in a fun, enjoyable activity. It builds **friendship and school spirit**.

Chess AG 2019-2020 Schedule
Monday 2:10-3:40 pm: First Grade
Wednesday 2:10-3:40 pm: 2nd-6th Grades

GISNY Chess Team



NSCF Grand Prix Chess Tournament on Jan 11, 2020

For the first time, GISNY will be hosting a chess tournament on Saturday, Jan 11, 2020! I would like to encourage all chess players to participate and play for the GISNY team. Students from other schools in NY and CT will be participating. The tournament is open to all chess players, Grades K-12. For more tournament information, please go to the website: www.nscfchess.org

"Chess is everything: art, science, sport." – Karpov