GISNY COVID-19

Quarantine Information for Parents

Quarantine Restrictions on Travelers Arriving in New York State Following Out of State Travel

New York State has issued a travel advisory requiring all travelers coming from states with significant rates of transmission of COVID-19 to quarantine for 14 days. Anyone entering New York who has recently traveled to a state with positive tests in excess of 10%, or where the number of positive cases exceeds 10 per 100,000, **must quarantine for a period of 14 days**. New York State maintains an online list of restricted states that meet the criteria for required quarantine, along with travel guidance, and information for essential workers.

Link to the Travel Advisory:

https://health.westchestergov.com/images/stories/PDF/interimguidancetraveladvis.pdf

Important Information about Quarantining:

- 4." If I am housed together with family or others then such household members are permitted to remain in the home but are not subject to a quarantine, and therefore may leave the home. If I subsequently test positive, those household members will be required to quarantine and will not be able to leave the home. Other non-household members/visitors are not permitted in my living quarters. I will not share my bed, bedroom or bathroom with household members and will keep my bedroom door closed. I will not eat in the same room with household members and I will not share linens, towels, eating utensils, cups and plates. I will limit my time in common household area such as bathrooms and kitchens."
- 5. "Persons in the household can walk outside their house on their own property, but they must not come within six feet of neighborhoods or other members of the public. Persons living in a multiple dwelling may not utilize common stairways or elevators to access the outside. Likewise, I need to refrain from walking in my neighborhood."

Please Follow the Link Below to Read the Full Document:

https://health.westchestergov.com/images/stories/PDF/quarantineprotocol082020.pdf

CDC Travel Recommendations by Destination:

https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.html